

ASIA INSURANCE  
PHOENIX CUP 2012



IBAF 2020 Olympic Baseball  
REINSTATEMENT



# 亞洲保險 鳳凰盃

Asia Insurance  
Phoenix Cup

2012

## 香港國際女子棒球錦標賽

Hong Kong International Women's Baseball Tournament

10-13/2/2012

九龍藍田茜發道九十號晒草灣棒球場  
SAI TSO WAN BASEBALL FIELD  
NO.90 SIN FAT ROAD, LAM TIN, KOWLOON

賽事網頁 Tournament Website :  
[www.hkphoenixcup.com](http://www.hkphoenixcup.com)

查詢 Enquiry : 2504 8330



主辦 Organized by



香港棒球總會  
Hong Kong  
Baseball Association

冠名贊助 Title sponsored by



亞洲保險  
Asia Insurance

資助 Subvented by



康樂及文化事務署  
Leisure and Cultural  
Services Department

民政事務局  
(藝術及體育發展基金)  
Home Affairs Bureau  
(Arts & Sport Development Fund)

國際棒聯支持「鳳凰盃」之「衛冕盃」  
IBAF's 'Defender's Cup' to support the 'Phoenix Cup'



**SE331**

## Zone Trainer 1.0 Heart Rate Monitor

Comfortable and easy-to-use. Monitor your heart rate accurately during your work-out with a chest belt



# Radiate Good Health & Feminine Elegance

## 2.4GHz Heart Rate Monitor with PC software

Innovative heart rate monitor complete with Smart Training software

Tracks your exercise and provides a comprehensive progress report for easy analysis on your PC.



**SE833**

## Fitness Trainer<sup>ECG</sup> Strapless Heart Rate Monitors

Soft breathable silicone strap, with ECG belt-free heart rate measurement, provides maximum comfort during exercising.



**SE332**



# Contents

P2.....	Fact Sheet
P3.....	Opening Ceremony
P4.....	Messages
P14.....	Tournament Schedule
P15.....	Scoreboard and Awards
P16.....	Introduction of Allies, Hong Kong
P18.....	Introduction of Far East Bloomers, Japan
P20.....	Introduction of International Earth Stars
P22.....	Introduction of NineVics, Korea
P24.....	Introduction of Shilin High School of Commerce, Taiwan
P26.....	Introduction of Taipei Vanguard, Taiwan
P28.....	Introduction of Performer
P30.....	Compliments
P36.....	Organizing Committee
P37.....	Executive Committee
P38.....	Working Group
P39.....	Acknowledgement, Sponsors
P40.....	Location Maps

# "Asia Insurance Phoenix Cup 2012"

## Hong Kong International Women's Baseball Tournament

**Period:**  
10-13 February 2012

**Venue:**  
Sai Tso Wan Baseball Field  
No. 90 Sin Fat Road,  
Lam Tin, Kowloon.

**Players from:**  
Canada,  
Chinese Taipei, Hong Kong,  
Japan, Korea, Philippines, USA

**Contact Us:**  
Hong Kong Baseball Association  
Room 1003, 1/F., Olympic House,  
No. 1 Stadium Path,  
Causeway Bay, Hong Kong.  
Tel: (852) 2504 8330 Fax: (852) 2504 4663  
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Website: [www.hkbaseball.org](http://www.hkbaseball.org)  
Tournament Website: [www.hkphoenixcup.com](http://www.hkphoenixcup.com)

**Organized by:**



**Title Sponsor:**



**Subvented by:**



民政事務局  
(藝術及體育發展基金)  
Home Affairs Bureau  
(Arts & Sport Development Fund)



## Opening Ceremony

Date: 11 February 2012 (Saturday)  
Time: 9:30 a.m. – 10:30 a.m.  
Place: Sai Tso Wan Baseball Field  
No. 90 Sin Fat Road,  
Lam Tin, Kowloon.

### Programme:

9:15 a.m. – 9:30 a.m.

Reception

9:30 a.m. – 10:30 a.m.

1. Teams Marching In
2. National Anthem
3. Performance by DanzXtreme
4. Welcoming Speech by Mr. Philip Li  
Chairman of Hong Kong Baseball Association
5. Speech by Mr. Benjamin Mok  
Acting Deputy Secretary for Home Affairs
6. Presentation of Souvenirs
7. Player Oath
8. Umpire Oath
9. First Pitch
10. Group Photo
11. End of Ceremony



Message



**Mr. Tsang Tak-sing, JP**

*Secretary for Home Affairs*

My warmest congratulations to the Hong Kong Baseball Association on staging the "Asia Insurance Phoenix Cup 2012" Hong Kong International Women's Baseball Tournament.

The Tournament, now in its fifth year, has undoubtedly contributed to the rising popularity of baseball in Hong Kong and gained well-deserved international recognition through bringing in a strong field of women's teams from Japan, Korea, North America and Taiwan. Fans can once again look forward to an action-packed four-day event.

I wish the Tournament every success and all overseas players good luck and an enjoyable stay in Hong Kong!

**Tsang Tak-sing**  
Secretary for Home Affairs





**Mr. Bernard Charnwut Chan, GBS, JP**

*President of Asia Financial Holdings Ltd.  
President of Asia Insurance Co. Ltd.  
Honorary President of Hong Kong Baseball Association*

It gives me great pleasure to welcome all teams, players and other participants in the “Asia Insurance Phoenix Cup 2012” Hong Kong International Women’s Baseball Tournament. To the players who are visiting Hong Kong from Japan, Korea, North America and Taiwan, I wish a very pleasant stay in our city. I also thank the volunteers who make the event such a success, and the Home Affairs Bureau’s Arts & Sport Development Fund for its assistance.

Baseball is an up-and-coming sport in Hong Kong, and the “Asia Insurance Phoenix Cup” represents a great opportunity to raise the game’s profile here. I wish all the players of every team an enjoyable tournament!

**Bernard Chan**  
Honorary President



**The Hon. Timothy T.T. Fok, GBS, JP**

*President of Sports Federation & Olympic Committee of Hong Kong, China*

This is our Year of the Dragon, the most auspicious according to the ancient almanac, a celestial symbol of majesty whose feminine version is the phoenix, the emblem adopted for the cup for which some of the best women's baseball team from around the world will vie. At the sport's inception only boys were called to play and girls were kept to the bleachers to watch, cheer lead and idolize the heroes.

But times have marched ahead from that quaint era of lemonades and women shackled by parasols when gender equality was a noble concept that some leaders were given to spout as a lofty abstract ideal not meant to be put into practice for the foreseeable future. Among the first of the leisure activities to turn rhetoric into reality was baseball that in the 1940s when the world was at war to recruit teams comprising women to play professionally just as industries had to hire them to manufacture the goods to render the households the utensils that kept cozy the homes in a period of tight rations and to arm the men in life and death struggles at far away fronts for peace. The Phoenix Cup not only symbolizes this progress long time in coming but is also a culmination of all those hopes of women in generations past to avail themselves of those opportunities accorded without question to boys as a matter of their rite of passage.

Proud of being host city, Hong Kong counts itself as one of those societies that have been the most forthright to advancing the cause of justice for all, whether in the corporate board room, whether in academia, whether in its Legislative Council or whether in the proverbial field of dreams where balls are launched at great velocity and accuracy, swung at and hit and a whole new vocabulary was invented to tease the conventional: bats that do not fly, pitchers that are not vassals for water, diamonds that are not put on fingers, puns are not a game of words, umpires are referees and the short stop is neither a description of stature nor a recess for refreshments.

This community stands ready to salute the local team and welcome the competition from the Americas and in East Asia to come to compete and to exemplify the sportsmanship or, to be fair, the sportswomanship that joins everyone who loves a sport that, from its beginning, has always brought people together in a festive ambiance. Step forth, hold heads aloft, lower the visors of the caps to cut the sunlit glare, chew the bumble gun and now play ball. May the best win the trophies and the rest, fans included, will have also won in this endless campaign to engage everyone in one way or another in sports for only then, in participation, is health complete and happiness ensured.

**Timothy T. T. Fok, GBS, JP**  
President



Message



**Mrs Betty Fung, JP**

*Director of Leisure and Cultural Services Department*

I am delighted to congratulate the Hong Kong Baseball Association on hosting the “Phoenix Cup 2012” Hong Kong International Women’s Baseball Tournament. Due to the untiring efforts of the Association, Hong Kong is honoured to be able to host the Tournament for the fifth time.

The Tournament has become a highly anticipated event for our baseball players and fans. It provides a valuable opportunity for our local talents to compete with their counterparts from Chinese Taipei, Japan, Korea and North America. I am sure this annual event will boost the popularity of the sports of baseball in Hong Kong and enhance the city’s profile in the international sporting area.

May I wish the Phoenix Cup 2012 another resounding success, and all the players a pleasant and memorable stay in Hong Kong.

A handwritten signature in black ink, appearing to read 'Betty Fung'.

**Mrs Betty Fung**

*Director of Leisure and Cultural Services*



Message



**Mr. Jackie Chan, SBS**

*Chairman of JC Group  
Honorary Vice-President of Hong Kong Baseball Association*

I am very pleased to see Phoenix Cup flying into its fifth anniversary. My heartiest congratulations to the Hong Kong Baseball Association on its success in hosting this meaning international sport event in Hong Kong.

In our modern world, it is a conspicuous trend that those conventional sports for men only have been diverted. Men only sports such as baseball and football are played by women as well. I am convinced that Phoenix Cup will become a widely notable baseball event in the women's international sport community.

I wish the athletes coming to play the Phoenix Cup 2012 every success in playing the game and an enjoyable stay in Hong Kong.

**Jackie Chan, SBS**  
Honorary Vice-President





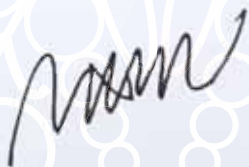
**Mr. Laurence Lee**

*President of Hong Kong Baseball Association*

When a child grows to his/her fifth year, the child's body form is in basic shape, the child can talk and run. But, a child is still a child; many years are required for the child to grow into an adult.

Phoenix Cup enters her fifth year, yet it is still young, like a bird, yet to grow into a big bird, flying high into the sky. I am confident that it can and it will on back of so many supports it has secured from the International Baseball Federation, the Hong Kong SAR Government, baseball fans, sponsors such as Asia Insurance and, above all, the women baseball players coming from different places of the world.

I wish the players every success in playing the games and the audience enjoying their watch.

A handwritten signature in black ink, appearing to read 'Laurence Lee', written in a cursive style.

**Laurence Lee**  
President





Message



**Mr. Philip Li**

*Chairman of Hong Kong Baseball Association*

The Phoenix Cup enters its fifth anniversary this year. I hereby congratulate the preparatory committee on its success in organizing the game and thank the Hong Kong SAR Government and Asia Insurance for their financial support.

The Phoenix Cup is one of the few international women's baseball tournaments acknowledged by the International Baseball Federation through its gift of the "Defender's Cup" and consideration to make it a game for selecting the winning team to play the Women's Baseball World Cup.

It is not easy to drum up teams from various countries to play the emerging women's baseball in Asia when the western economies are still struggling to come out from the doldrums of the "Financial Tsunami" and European debt crisis. And yet, the economic barrier cannot suppress the will of the keen baseball players to come to play the Phoenix Cup.

Re-entering the Olympics is the common goal of all baseball players and baseball fans. Phoenix Cup is a platform for the baseball lovers to show the world their unity, faithfulness and ability in achieving the goal.

We are united!  
We are faithful!  
Yes, baseball can!

**Philip Li**  
Chairman



**Mr. Riccardo Fraccari**

*President of International Baseball Federation*

Dear Baseball Fans,

With the 2012 Asia Insurance Phoenix Cup, we will see the 5th edition of this exciting event dedicated to women's baseball. The Hong Kong Baseball Association (HKBA) continues to be among the leaders in advancing the reach of baseball into the future, and the International Baseball Federation (IBAF) recognizes the work of our colleagues in Hong Kong for providing an international platform where female athletes come together for a high level baseball completion.

The IBAF last year furnished this event with a "Defender" trophy, which is now in the hands of the 2011 Phoenix Cup champions, the Far East Bloomers from Japan. I wish luck to all competing teams, and I am sure the Defender trophy will be in good hands in 2012.

I extend a thank you on behalf of the IBAF and in my name personally to our colleagues at HKBA for their continued commitment and enthusiasm with which they organize this important event. It is my hope that all the players, coaches, officials, fans, parents and local organizers all take away a rewarding experience from the 2012 Asia Insurance Phoenix Cup.

**Riccardo Fraccari**  
President





Message



**Mr. Kang Seung-Kyoo**

*President of Baseball Federation of Asia*

### **BFA President's Welcome Speech**

On behalf of Baseball Federation of Asia, I would like to welcome all players, officials and volunteers gathered here in Sai Tso Wan Baseball Field for the Asia Insurance Phoenix Cup 2012, Hong Kong International Women's Baseball Tournament.

This honored baseball tournament has been held every year in Hong Kong since 2008 in a row. I can confidently say that this tournament became one of the most important events in the global women's baseball.

Especially, I would like to express my heartfelt thanks to the Home Affairs Bureau for the financial support from "Arts & Sport Development Fund" and Asia Insurance for the title-sponsor of this tournament.

It is no doubt that this tournament will be a great success through tremendous experiences and operating skills of Hong Kong Baseball Association under the leadership of Mr. Laurence Lee.

All the Players!

This Sai Tso Wan Baseball Field is the first standard baseball field in Hong Kong. I hope all of you will fully demonstrate your abilities and share your knowledge and skills with the other participants in this meaningful place. Also, I hope you will return to your countries/regions with wonderful memories.

Thank you very much.

**Kang, Seung-Kyoo**  
President





**Mr. Abraham Key**

*President and CEO of PONY International Headquarters*

Hong Kong Baseball Community;

I would like to extend my warmest regards and greetings to all of our friends in Hong Kong. The relationship between PONY Baseball, the Hong Kong Baseball Association and the Asia Pacific Zone is a very traditional and time honored one.

It is a great pleasure and an honor to recognize the Phoenix Cup 2012, Hong Kong International Women's Baseball Tournament. Baseball has been and continues to be an inspiration to thousands of young female baseball players throughout Asia and the world.

PONY Baseball and Softball in Asia was founded with six original 13 and 14 year-old teams in May of 1975 at Kawasaki Stadium in Tokyo, Japan. PONY Baseball annually provides thousands of young children the opportunity to grow into healthier and happier citizens through their exposure to organized baseball.

The game of baseball is truly a game that knows no cultural or socio-economic boundaries. Baseball is played in over 100 countries throughout the world and continues to grow. PONY Baseball and South East Asia continue to work together to provide as many youth the opportunity to learn the game of baseball as possible. I want to thank the leaders, specifically our friends in Hong Kong and Philip Li, for their vision and leadership in developing baseball and PONY Baseball's Asia-Pacific Zone.

Many have played a role in the development of PONY Baseball in Asia, including Shinsuke Itoh, Rodolfo Tingzon, Bill Simmons, Russ Simmons, Milton DuBane and Roy Gillespie. Mr. Itoh and Mr. Tingzon from the Philippines are credited with the development of the PONY Baseball Asia Pacific Zone. They have impacted the lives of children through the game of baseball in Japan, Philippines, China, Korea, Taiwan, Australia, Singapore, Malaysia, Vietnam, Thailand, Indonesia, Hong Kong, New Zealand and Russia.

PONY Baseball is very fortunate to be able to participate with Asia Baseball and provide thousands of young people in Hong Kong and the Asia-Pacific Zone an opportunity to experience the thrill of baseball competition in a safe environment. Through their exposure to the game of baseball, the participants learn valuable lessons in leadership that will allow them to become more productive citizens in the future, making our world a better place to live.

Under the guidance of Philip Li, PONY Baseball and the Hong Kong Baseball Association will continue to prosper and provide more opportunities to the youth of Hong Kong and the Asia-Pacific Zone. Our thanks to the many people of Hong Kong Baseball and Philip Li for their continued interest in and promotion of baseball in the Asia-Pacific Zone.

This year marks PONY Baseball's 61st anniversary. We want to extend our thanks to our players, coaches, fans and friends for 61 great years of providing baseball and softball throughout the world, but more importantly for many years of baseball in Hong Kong.

Protect Our Nation's Youth,



**Abraham Key**  
President and CEO





# Tournament Schedule

Date	Time	Activities	Place
Feb 09 (Thur)	19:00	Team Arrival Team Manager Meeting	Room 2, 2/F., Metropark Hotel Kowloon
Feb 10 (Fri)	9:30 12:00 14:30 17:00	G1 NineVics vs Shilin* G2 Far East Bloomers vs Vanguard* G3 Allies vs NineVics* G4 International Earth Stars vs Far East Bloomers*	Sai Tso Wan Sai Tso Wan Sai Tso Wan Sai Tso Wan
Feb 11 (Sat)	9:30 11:00 13:15 15:30 17:45	Opening Ceremony G5 Far East Bloomers vs Shilin* G6 Vanguard vs Allies* G7 Shilin vs International Earth Stars* G8 NineVics vs Vanguard*	Sai Tso Wan Sai Tso Wan Sai Tso Wan Sai Tso Wan Sai Tso Wan
Feb 12 (Sun)	9:30 12:00 14:30 17:00	G9 International Earth Stars vs NineVics* G10 Shilin vs Allies* G11 Vanguard vs International Earth Stars* G12 Allies vs Far East Bloomers*	Sai Tso Wan Sai Tso Wan Sai Tso Wan Sai Tso Wan
Feb 13 (Mon)	9:30 12:00 14:30 19:30	G13 Vanguard vs Shilin* G14 International Earth Stars vs Allies* G15 NineVics vs Far East Bloomers* Prize Presentation	Sai Tso Wan Sai Tso Wan Sai Tso Wan Tang House, 2/F., Metropark Hotel Kowloon
Feb 14 (Tue)		Team Departure	

\* Home Team (Dugout on third-base line)

Participating Teams {  
 Hong Kong - Allies  
 Japan - Far East Bloomers  
 Korea - NineVics  
 North America - International Earth Stars (IES)  
 Taipei - Shilin High School of Commerce  
 Taipei - Vanguard

# Scoreboard and Awards

	Allies	Far East Bloomers	NineVics	IES	Shilin	Vanguard	Win	Draw	Loss	Score	Rank
Allies		:	:	:	:	:	0	0	0	0	0
		G12	G3	G14	G10	G6					
Far East Bloomers	:		:	:	:	:	0	0	0	0	0
	G12		G15	G4	G5	G2					
NineVics	:	:		:	:	:	0	0	0	0	0
	G3	G15		G9	G1	G8					
IES	:	:	:		:	:	0	0	0	0	0
	G14	G4	G9		G7	G11					
Shilin	:	:	:	:		:	0	0	0	0	0
	G10	G5	G1	G7		G13					
Vanguard	:	:	:	:	:		0	0	0	0	0
	G6	G2	G8	G11	G13						

# Awards

### Team Awards

- Champion
- 1st Runner-up
- 2nd Runner-up
- Merit Award

### Individual Awards

- Best Coach
- Best Pitcher
- Most Valuable Player
- Most Home Runs
- Most Hits





## Allies *Hong Kong*



The Allie's was formed in Aug 2007 in order to prepare for the first international women's baseball tournament hosted by HKBA in Hong Kong. Most Allie's teammates had participated in the 4th Women's Baseball World Series held in Japan in 2004 and the Women's Baseball World Cup held in 2006, 2008 and 2010. Being the delegates of the Allie's for the forthcoming Phoenix Cup Hong Kong International Women's Baseball Tournament, we are very honored to have the opportunity to play with the elite women's baseball players from all around the world. We did our best record and won the 1-st running up in 2011 Phoenix Cup. We will keep up and do better this year. Lastly, we sincerely thank the Hong Kong Baseball Association for their tremendous supports in making the event successful.



Manager

區學良  
AU Hok Leung 55



Head Coach

區穎良  
AU Wing Leung 33



Coach

張安橋  
CHEUNG On Kiu 91



Coach

梁宇聰  
LEUNG Yu Chung 16



P

區潔儀  
AU Kit Yi Kitty 5



OF

陳嘉甄  
CHAN Ka Yan Marco 6



IF

卓莞爾  
CHEUK Woon Yee Sinney 13



OF

張秉妍  
CHEUNG Ping Yin 21



OF

張丹莉  
CHEUNG Tan Lee Danni 11



C/IF

張慧怡  
CHEUNG Wai Yee Vivien 1



OF

張穎儀  
CHEUNG Wing I 22



C/IF

范德筠  
FAN Tak Kwan 44



OF

馮笑平  
FUNG Siu Ping Emily 17



P

林依韻  
LAM Yee Wan 25



IF

劉家敏  
LAU Ka Mun 9



P

劉芷芊  
LAU Tsz Chin 3



P

梁芷茵  
LEUNG Tsz Yan 4



OF

吳俊  
NG Chun 31



OF

潘凱琳  
POON Hoi Lam 7



IF

冼瑩瑩  
SIN Hoi Ying 14



P

譚家晴  
TAM Ka Ching 19



IF

楊杰玲  
YEUNG Kit Ling 18





# Far East Bloomers

## *Japan*

Congratulations on the fifth tournament being held!

We are honored to be taking part in the tournament for five years in a row.

Phoenix Cup is one of the few if not only international tournament of women's baseball being held for five consecutive years and we would like to pay our highest respect to the great enthusiasm of Hong Kong Baseball Association for organizing the tournament.

Despite there were quite a number of major disasters recently, we would like to enjoy playing baseball with the joy of being on the field in Hong Kong in our heart.

As in the past tournament, we strive for the championship with our great team spirit.



Manager



Suzuki Keiko 19

Coach



Suzuki Manabu 5

IF



Takahashi Saeko 10

P



Wachi Yukika 8

P



Niimi Kazuho 25

IF



Sakamoto Tamaki 55

P



Mabuchi Yuka 6

OF



Nagaoka Megumi 4

IF



Osada Akiko 71

C



Tamura Chika 16

P



Sato Yuuki 12

IF



Itsubo Shiori 48

IF



Sato Ayumi 2

OF



Okuda Ayaka 28

IF



Urakawa Maho 17

IF



Hayashi Sayaka 53

OF



Onozuka Hanako 14



## International Earth Stars



INTERNATIONAL  
**EARTH STARS**  
WOMEN'S BASEBALL

International Earth Stars (IES) is a women's tournament baseball team that includes players and coaches from Planet Earth who participate in various women's, men's, and coed baseball leagues, teams, and competitions around the world. The various levels of experience of the Earth Stars include youth baseball and softball, high school baseball and softball, adult recreational and elite level baseball and softball, collegiate baseball, collegiate softball, professional softball, and women's national team baseball. Some of its players also have coaching and instructing experience in baseball and softball, and some are women's baseball organizers and promoters. IES formerly was called the North American Liberty Belles (2009-2010). The team originally was created for the 2009 Hong Kong Phoenix Cup International Women's Baseball Tournament. Since 2009, it has been playing in several tournaments in addition to the annual Hong Kong Phoenix Cups. In the past couple of years, players and coaches from USA, Canada, China (Shenzhen region), and the Netherlands filled out the Phoenix Cup rosters. In 2012, IES will include players and coaches from Canada, USA, Hong Kong, and the Philippines. The name "International Earth Stars" reflects the team's mission of creating international peace, harmony, and camaraderie through the great game of baseball.



Manager



Rocky Ostrom 60

Head Coach/3B Coach



Philippe Yan 18

Coach



TAM Yiu Cheong Michael

Umpire



Perry Barber

P / 1B / 2B



Sam Ostrom 21

1B / 2B



Cami Kidder 71

1B / 2B / 3B / P



Carol Sheldon 25

C / 3B / P



Debbie Pierson 24

P / SS / CF



Donalyn Gaborno 45

2B / RF



Ma. Maribel Cepe 12

C / 1B



Josie Arimas 5

SS / 3B



Wong Siu Wai Sophia 15

1B / RF



Wong Yin Wah 54

SS / P



Chow Ling Fung 16

C / SS / 2B



Ng Ka Wai 78

P / 2B / SS



Yeung Kit Ying 11

OF / 2B



Hui Lok Hang 9

1B / 2B / OF



Lee Yee Wan Evelyn 7

OF / 2B / SS



Au Ho Ying 6

3B / CF



Chan Wai Ming Katy 17



# NineVics *Korea*



NineVics is the most famous women's club baseball team in Korea.

NineVics was founded on 25 June, 2005 and it has more than 30 members.

'NineVics' means all 'Nine' players are trying to achieve 'Victories' in harmony.

The goal of NineVics is to become a

- 1) Guiding Star Team,
- 2) Excellent Team and
- 3) Best-Loved Team.

We also want to contribute to the development of women's baseball with our passions for baseball.

This is the 3rd time to participate in Phoenix Cup. We are looking forward to seeing you all.



Manager / C / P



Choi Soo Jung 5

Coach / P



Kim Eun Young 33

Coach / 1B / SS



Hong Eun Jung 9

LF



Choi Min Jeong 55

CF



Son Yea Lim 77

SS / 2B



Kim Tae Yeon 7

3B / P



Yoon Eun Young 36

CF



Lee Jeong Seo 21

2B / RF



Jang Ki Soon 44

1B / RF



Lee Ho Kyong 34

2B / RF



Seo Kyoung Mi 3

1B / RF



Kim Yun Mi 19



## Shilin High School of Commerce *Taiwan*



士林高商女子棒球隊成員以士林高商女子壘球隊為主，士商女壘隊已成立十餘年，培育出無數國家隊選手。2011年士林高商成立女子棒球隊後，參加台灣100年度全國女子棒球錦標賽榮獲冠軍。2012年受邀參加《亞洲保險鳳凰盃》香港國際女子棒球錦標賽，希望藉此機會和各國好手交流，提升球員國際視野。



Manager



林瑞圖

Head Coach



林文明  
LIN Wen Ming

Coach



楊章鑫  
YANG Chang Shin

OF



劉郁芷  
LIU Yu Chin 2

OF



野村麗奈  
YEE-TSUN Li Nai 4

IF



黃郁婷  
HUANG Yu Ting 3

IF



陳家宜  
CHEN Chia Yi 14

IF



翁宛茹  
WENG Wan Ju 15

IF



蔡秉真  
 TSAI Bing Chen 11

IF



林珈柔  
LIN Chia Jou 1

IF



吳佳芳  
WU Chia Fang 23

IF



楊凱涵  
YANG Kai Han 20

P



薛安妤  
HSUEH An Yu 27

IF



陳敏華  
CHEN Min Hua 16

OF



高敏軍  
KAO Min Chun 31

OF



林怡君  
LIN Yi Chun 21

IF



潘慈惠  
PAN Tzu Hui 5

IF



韓幸霖  
HAN Hsin Lin 7

IF



胡鈺珍  
HU Yu Jhen 8

OF



周昭馨  
CHOU Chao Hsin 12



# Taipei Vanguard *Taiwan*



Taipei Vanguard Women's Baseball Team was formed on Aug 11, 2001, it was formally started by a group of female baseball enthusiasts who all met on the Naruwan website.

The average age of the players are around 28 years old and are from different sectors of the society. Such as education, finance, insurance, medical, tourism, retail, and students, etc. There are 32 players and 2 coaches enrolled in 2011. Every weekend, our team practices around 4-8 hours in Shezi, Taipei.

Every year our team competes in the following tournaments: including National Woman's Baseball Cup tournament hosted by the Chinese Taipei Baseball Association and National Woman's Baseball tournament hosted by an amateur woman's baseball team alternately as well as additional unscheduled events.

In the past decade, over 70 baseball enthusiasts, 7 coaches as well as many supporters contributed to our team's success in the world of women's baseball. The 2012 Phoenix Cup tournament will be the fourth time Taipei Vanguard Women's Baseball Team participate in, where we had experienced the excellent and unforgettable great memories. We hope Phoenix up will keep growing and become one of the major tournaments in international women's baseball world, and we also hope to create the beautiful memories with other baseball enthusiasts from all over the world one more time.

台北先鋒女子棒球隊在2001.08.11，由一群愛好棒球的女孩在那魯灣網站上相約練球後正式成立。先鋒球員平均年齡約28歲，成員來自教育、金融、保險、醫療、旅遊、服務...各行各業之上班族，也有就學中之學生。2011年正式球員計32人，教練2人，每週於假日練球4~8小時，主要練球地點為台北市社子。

每年參與的例行賽事，包括中華棒協舉辦的「全國女子棒球錦標賽」、台灣女子業餘球隊輪辦之「全國女子棒球邀請賽」等，並有不定期之友誼賽邀約。

十年來，超過70位對棒球有興趣的女生匯集熱情，與7位教練及許多好心人的幫助加持，推動著先鋒持續不斷地在女子棒球的世界裡綻放光芒！2012鳳凰盃係台北先鋒女子棒球隊第四次參與鳳凰盃賽事，前幾次美好記憶猶存，希冀鳳凰盃繼續茁壯並成為國際女子棒球的重要傳統賽事，也期望本次再度與各國同好們一同締造美麗的回憶！



COACH



汪世忠  
WANG Shih Chung 39

COACH



林呂賢  
LIN Lu Hsien 57

UMPIRE



劉柏君  
LIU Po Chun

OF



黃久芳  
HUANG Chiu Fang 2

IF



張如吟  
CHANG Ju Yin 3

IF



吳思嫻  
WU Szu Hsien 5

OF



謝宜瑾  
HSIEH I Chin 6

IF



錢欣婷  
CHIEN Hsin Ting 7

OF



陶雅潔  
TAO Ya Chich 10

IF



陳于倫  
CHEN Yu Lun 11

IF



陳欣宜  
CHEN Hsin I 12

IF



廖立欣  
LIAO Li Hsin 17

IF



柯亮群  
KO Liang Chun 19

IF



林書菡  
LIN Shu Han 23

IF



王曉玲  
WANG Show Ling 30

IF



廖梓淳  
LIAO Tzu Chun 32

IF



陽美齡  
YANG Mei Ling 47

IF



陳侑函  
CHEN Yu Han 51

OF



楊菁華  
YANG Jing Hua 52

OF



賴盈安  
LAI Ying An 97

IF



呂雅婷  
LU Ya Ting 98

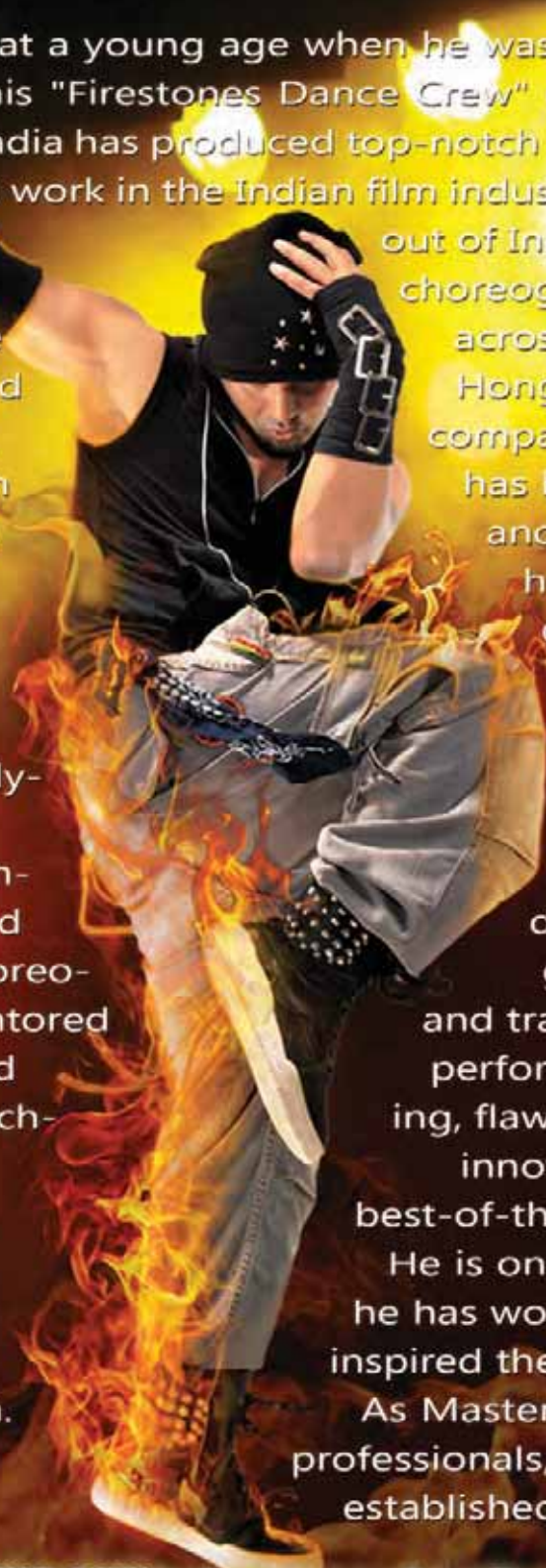


# INTRODUCTION OF PERFORMER



## ABOUT MASTER RAM, FOUNDER AND MANAGING DIRECTOR OF DANZXTREME

Master Ram started teaching at a young age when he was in India. Under his leadership, his "Firestones Dance Crew" dance school in Visakhapatnam, India has produced top-notch choreographers and dancers to work in the Indian film industry and to teach overseas. Stepping gained extensive teaching, performing and performing experience in Singapore, Thailand, China and collaborated with renowned In the past 5 years Master Ram Hong Kong's established yoga where thousands of students him. He was the first Indian make Bollywood dance a big sought after in Hong Kong. first person to introduce a Bollywood showcase "Show The World Got" 1 and 2 with an east-clash-Hong Kong, and he created and items including the theme, choreo-setting, costumes. He also mentored 100 students to become skilled shows. With his passionate teaching ingenious choreography and Master Ram is considered the young Indian dance masters. dance artists in the countries raised cultural awareness and with his talents and dedication. goal is to develop true dance started his own venture and



out of India, Master Ram choreographing, direct-across Asia including Hong Kong and has companies and artists. has been working in and fitness centers, have learnt from dance master to hit and highly He was also the wood dance What We've west style in directed all show graphy, lighting, and trained more than performers in the two ing, flawless techniques, innovative creations, best-of-the-best amongst He is one of the leading he has worked in, and has inspired the dance industry As Master Ram's ultimate professionals, he has recently established "DanzXtreme".

Please visit [www.DanzXtreme.com](http://www.DanzXtreme.com) to know more about DanzXtreme





## ABOUT DANZXTREME - SELF DISCOVERY STARTS HERE

DanzXtreme is a creation by Master Ram and is the first-ever east-meet-west dance studio in Asia which provides a mix of both eastern and western dance styles through its unique classes and professional teaching techniques. DanzXtreme truly embraces all forms and aesthetics of dance. It offers a positive and energetic atmosphere for learning dance while striving for the best practices in dance instruction. At DanzXtreme, each individual is empowered with extensive and professional dance training in becoming skilled dancers. The DanzXtreme studio is uniquely designed in a contemporary and state-of-the-art manner that inspires the students to learn and move with a free and liberating mind. The atmosphere is cool, hip, energetic and at the same time resembles a competitive battlefield. Dancing in the amazing interior of DanzXtreme can pump up your creative juice and imagination. The widest range of dance genres can be discovered at DanzXtreme including *Bollywood, Tollywood, Bhangra, Folk, Fusion, Freestyle, Hip Hop, MTV Funk, Pop Korean*, and unique creations by Master Ram including *Bollywood Funk, Bhangra Funk, Bollywood Mass, Modern Bellydance, Latin Bellydance, Tribal Bellydance, Belly Fusion, Exotic Dance, Dirty Dance, Xtreme Combat, and Cobra Dance*. Each dance style is choreographed and taught according to its unique nature, cultural characteristics, and the mood of the music. The emotions and body expression for each subject is also different, and the dancer can connect his/her mind with his/her body, as well as connecting to people through dance. Such a versatile spectrum of dance styles and techniques can only be found at DanzXtreme.



## ABOUT DANZXTREME'S PERFORMANCE AT THE HONG KONG INTERNATIONAL WOMEN'S BASEBALL TOURNAMENT 2012

Master Ram has been a performing guest in the past years for the Hong Kong International Women's Baseball Tournaments, and he is honoured to be invited to lead his DanzXtreme team to participate in the 2012 Tournament. To showcase Hong Kong's vibrant energy with a fresh twist, Master Ram has specially created a unique dance style of his own – *Cobra Dance*. It makes use of jungle-themed songs with exaggerated dance steps, costumes, props etc. to present the exotic animals and wild jungle atmosphere. It is a fun and energetic dance style that will match with the massive outdoor environment of the baseball field and the athletic nature of the event.





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Wish our Baseball keeps going  
stronger and stronger !

那些年，  
我們兄妹三人已在一起打棒球了；  
今天喜見您們的參與，真好！  
讓我們一起把棒球的火炬，  
一代一代的傳下去！

李翠華 翠玲 大榮

“Panda 1976”

致意





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"Asia Insurance Phoenix Cup 2012"

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## Organizing Committee

Advisor	<i>Philip Li</i>
Chairwoman	<i>Au Kit Yi Kitty</i>
Vice-Chairwoman & Secretary	<i>Yeung Kit Ling</i>
Committee Members	<i>Chan Ka Yan Marco</i> <i>Cheuk Woon Yee Sinney</i> <i>Cheung Tan Lee Dannii</i> <i>Cheung Wai Yee Vivien</i> <i>Fan Tak Kwan Geminie</i> <i>Fung Siu Ping Emily</i> <i>Lam Yee Wan Yvonne</i> <i>Wong Siu Wai Sophia</i>



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Technical Advisor	<i>Chou Jun Sheng</i> <i>Chinese Professional Baseball League</i>
Umpire-in-chief	<i>Wong Ki Jonathan</i>
Deputy Umpire-in-chief	<i>Kwok Pak Wai</i> <i>Law Kiu Wing</i>
Scorer-in-chief	<i>Tsang Wai Yee Amy</i>
Deputy Scorer-in-chief	<i>Cheung Ho Hin Arnold</i> <i>Tsang Pui Wan Angel</i>
Tournament Logo Design	<i>Delby Yeung</i> <i>Multimedia Developer</i>
Translation	<i>Masanori Miyoshi</i>
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# Working Group

## BOARD OF ARBITRATION

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Technical Advisor  
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## UMPIRE

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Lai Kit Wai Cheryl

Lai Wai Tat Pazu

Lui Yiu Yin

Tong Yin Man

Wan Kam Kwan Rex

Wong Mei Kam

Wong Pak Wah

## I.T. SUPPORT

**Sophia Wong**

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Hong Kong Sports Photography Association  
Leung Kam Hung Edmond  
Michael Leong

## VIDEOGRAPHY

Wong Man Ting

## FIRST AID

Hong Kong St. John Ambulance

## RECEPTION

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**Chiu Kam Ying Angela**

**Tsang Pui Wan Angel**

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Au Ho Ying Tiffany (Emcee, Opening & Presentation)

Chan Kai Ming Eddy

Chau Sin Yi Ida

Cheng Hok Kiu

Cheng Yu Shun Alex (Emcee, Opening)

Ho Yee Tung Yick

Kwok Pui Yee Cathy

Lei Kit Ying Olivia

Leung Kam Hung Edmond

Tong Woon Tim

Tong Yin Fong

Tong Yin Fun

Tong Yin Man

Wong Lai Fung

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Jackie Chan, NineVics, Korea

Masanori Miyoshi, Far East Bloomers, Japan

Mrs. Elaine Miyoshi, Far East Bloomers, Japan

Shirley Lung, Shilin High School of Commerce, Taiwan

Sophia Wong, International Earth Stars, North America

Takkie Chow, Taipei Vanguard, Taiwan

## ADMINISTRATION

**Leung Kwok Yip**

Nicky To

Cherie Wang

Wilson Chan

Name in bold: Division Leader



## ACKNOWLEDGEMENT

**International Baseball Federation**

**Baseball Federation of Asia**

**Sports Federation & Olympic Committee of Hong Kong, China**

**PONY Baseball**

**Hong Kong Sports Photography Association**

**Hong Kong St. John Ambulance**

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## Accommodation & Presentation

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Tel : (852) 2761 1711  
Fax : (852) 2761 0769



# 輕輕鬆鬆看棒球

## Learn About Baseball

戴于程John Tai  
輔仁大學體育系棒球專長  
1987-89台北體專青棒隊球員

棒球其實就如其他運動項目一樣簡單容易，只要了解場地及比賽規則，就能好好的欣賞一場精彩棒球比賽了。

棒球比賽主要分成主隊及客隊。兩隊依上、下半場分別進行攻隊及守隊的任務，三人出局攻守交換，每打完一次上、下半場稱為一局。而棒球比賽依年齡及賽制有六局、七局及九局之分。比賽勝負依雙方所得分之總數多寡而定，如果打完正規局數而未分勝負，就依競賽規程而定是否以和局收場或是加打延長賽到分出勝負為止。



而棒球場的形狀就如同鑽石般美麗動人！把它分割成上下二個部份（不是左右），上半部也就是較大面積的部份稱為外野區，而下半部稱為內野區。

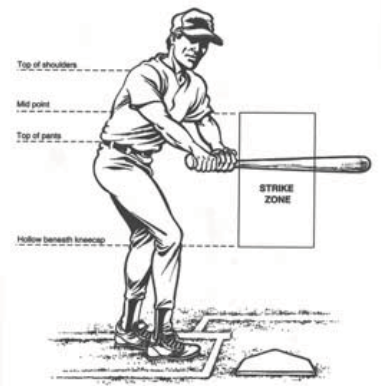
而內野區再縮小範圍會以本壘為中心點向這類鑽石的垂直中心線劃出二壘，再以本壘及二壘為中心分別取出一壘及三壘。就這樣由四個壘組成正方形，每個壘的壘間距離是90呎。而棒球比賽的主角—投手所站投手板的位置就在離本壘60呎6吋地方，當然也是在這顆美麗鑽石的中心線上了。而投手最基本的任務就是將球投進好球帶之內。

而這顆美麗鑽石到底有多大呢？以本壘為起點分向二邊延伸，通過右邊的一壘及左邊的三壘，一直延伸到325呎的地方就是棒球場左右二邊的理想距離（左右二條延伸線稱為界內區，反之為界外區）；而中間當然也是以本壘板為起點通過二壘一直延伸到400呎為理想距離。不過棒球場之大小有時還是會依當地場地環境而有所變化，就如同鑽石之美也在於藝術家之巧奪天工的手藝了（少年棒球依賽制會縮短投手、壘間及球場之距離）。

同鑽石之美也在於藝術家之巧奪天工的手藝了（少年棒球依賽制會縮短投手、壘間及球場之距離）。

有了初步對棒球場的概念之後就來說說守備和進攻吧！

堅固的守備能力可以減低失分同時也是最佳的進攻。內野區的防守以站在投手丘投手為中心，搭配上蹲在本壘後面身著護具負責接投手球及指揮全場的捕手，以及防守每個壘包的一壘手、二壘手及三壘手（注意他們可不是死死的守在壘包上哦），再加上視為全隊移動力最強的游擊手等六人共同組成。而幅員遼闊的外野區的則交由左外野手、中外野手及右外野手三人把守。守備的球隊就是由這九個人拿著棒球手套共同組成，將進攻方所擊出來的球攔截下來並做出最適當的處理。



有防守就有進攻這是運動最公平的地方。除了投手可以選擇指定擊球員之外，每位防守球員都必須出場打擊；換句話說，有出場打擊的球員，同時也必須盡到防守的任務。進攻球隊的擊球員必須依照打擊順序輪流站上擊球區進行打擊的任務，當其擊出球後身份就轉變成擊跑員，如能因安打、四壞球而站上壘就稱為跑壘員；一棒打全壘打就可以以慢跑的方式安全回壘得分。反之若是被投手給三振或是被守備人員刺殺就稱為出局。而負責判定及維持比賽之進行的人物就是主審及壘審。



棒球比賽所使用的球是由軟木橡膠或類似材料為蕊，捲以絲線共由兩片白色馬皮或牛皮緊緊包紮並縫合。球棒必須為平滑之圓形棒，最粗之部份不得大於7公分，長度不得長於106.7公分。



而棒球比賽中最吸引人的地方莫過於兩隊總教練的大門智及投手與打者之間英雄式的對決。有了種種不同的元素，不但使棒球更精彩，更加吸引人，同時也創造了不少棒球的神話。

### 名詞解釋

#### 主隊HOME TEAM及客隊AWAY TEAM：

在自己球場比賽的球隊。如在中立球場比賽時，由雙方協商決定主隊。主隊的對方及為客隊。

#### 攻隊OFFENSE及守隊DEFENSE：

正在擔任攻擊的球隊或球員稱之，其對方即為守隊。

#### 局INNING：

兩隊各進行一次進攻及守備及為一局。

#### 出局OUT：

進攻隊未能成功站上壘包即可稱為出局。

#### 得分RUN/SCORE：

攻隊球員由擊球員成為跑者依一、二、三及本壘順序安全進壘本壘。

#### 競賽規程OFFICIAL PLAYING RULES：

為比賽而制的規則，其中制的比賽的賽制，例如：參賽人數、年齡限制及比賽局數等。

#### 本壘HOME、一壘FIRST BASE、二壘SECOND BASE及三壘THIRD BASE：

四個壘包為攻隊必須依逆時針方向排列。

#### 界內區FAIR TERRITORY：

係指球場之一部份自本壘一壘以及三壘至球場圍牆下端。

#### 投手PITCHER：

被指定向擊球員投球的守備員。

#### 投手板PITCHER PLATE：

由長24吋、寬6吋之長方形白色橡膠皮製成，投手投球時需踏觸投手板。

#### 好球帶STRIKE ZONE：

以擊球員之肩部上緣與球襪上緣之間平行線作為上限，以膝蓋下緣作為下限，通過本壘板之空間者稱之。

#### 捕手CATCHER：

配置在本壘後方位置之守隊野手。

#### 游擊手SHORTSTOP：

配置在二壘及三壘中間位置之守隊野手。

#### 一壘手FIRST BASEMAN、二壘手SECOND BASEMAN及三壘手THIRD BASEMAN：

分別鎮守內野區之三個壘的守隊球員。

#### 左外野手LEFT FIELDER、中外野手CENTER FIELDER及右外野手RIGHT FIELDER：

分別鎮守外野區之守隊球員。

#### 棒球手套GLOVE：

棒球比賽中防守球員所使用的器材，有投手、捕手及野手專用手套之分。

#### 指定擊球員DESIGNATED HITTER：

可於賽前指定一名擊球員代替先發投手及後援投手打擊。

#### 擊球員BATTER：

在擊球區內進行進攻任務之攻隊球員。

#### 擊球區BATTER'S BOX：

擊球員攻擊時應站之區域。

#### 擊跑員BATTER-RUNNER：

擊球員擊出球之後身份即從擊球員變成擊跑員。

#### 安打HIT：

擊球員所擊出界內球，野手以普通之守備不能處理而使擊球員獲得一壘或更多之壘時。安打中包括二壘打三壘打及全壘打。

#### 四壞球BASE ON BALLS：

擊球員於打擊中獲投手投出四個壞球，准進一壘之判決。

#### 跑壘員RUNNER：

進壘、觸壘、返回壘中之攻隊球員。

#### 全壘打HOME RUN：

擊球員於打擊中獲投手投出四個壞球，准進一壘之判決。

#### 三振STRIKEOUT：

第三個「好球」被捕手確實接捕時。

#### 刺殺PUTOUT：

野手捕獲飛球或平飛球使擊球員出局或是接捕球使擊球員或跑壘員出局。

#### 總教練MANAGER：

在比賽球場對自己球隊行為負完全責任者，是經球隊指定與裁判或對方協議的代表。



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